



M.M.A. Schedule

*****Revised July 14th, 2009*****

Peoria Club (623) 376-7888

New classes/times!!!

TIME:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30 a.m.	M.M.A. <i>Jiu Jitsu.</i> w/Ronnie	M.M.A. <i>Combo Class.</i> w/Ronnie	M.M.A. <i>Jiu Jitsu</i> w/Ronnie	M.M.A. <i>Combo Class.</i> w/Ruben	M.M.A. <i>Jiu Jitsu</i> w/Ruben	
12:30 p.m.	M.M.A. <i>Boxing/Striking.</i> w/Marivic	M.M.A. <i>Boxing/Striking.</i> w/Marivic	M.M.A. <i>Boxing/Striking.</i> w/Marivic			M.M.A. <i>Muay Thai</i> w/Nate
1:30 p.m.						M.M.A. <i>Kids</i> w/Nate
	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING
4:00p.m.		M.M.A. <i>Kickboxing</i> w/Karate Joe		M.M.A. <i>Kickboxing</i> w/Karate Joe	M.M.A. <i>Kickboxing</i> w/Karate Joe	
5:00p.m.	M.M.A. <i>Kickboxing</i> w/Karate Joe					
6:30p.m.		M.M.A. <i>Muay Thai</i> w/Nate			M.M.A. <i>Kids</i> w/Nate	
7:30p.m.		M.M.A. <i>Kids</i> w/Nate	M.M.A. <i>Boxing/Striking.</i> w/Marivic	M.M.A. <i>Muay Thai</i> w/Nate	M.M.A. <i>Muay Thai</i> w/Nate	



M.M.A.
Jiu Jitsu, Muay Thai, Kickboxing/Karate,
Boxing/Striking, Combo Mixed Martial Arts,
& Kids classes too!

~ A variety of Mixed Martial Arts: Jiu Jitsu , Muay Thai, Kickboxing/Karate, Boxing/Striking, Combo, & Kids workout classes lead by some of the more experienced instructors in Az! For futher information see the front desk for details.

*An additional cost is required to attend.